

## Defibrillator (Start the Heart) locations

### Owmbly by Spital

<https://w3w.co/mouths.neat.hiring>

The defibrillator in Owmbly by Spital is located on Owmbly Cliff Road. Heading towards the A15 it is on your right just past Fox Court.

Your Parish Council has taken out a maintenance contract that means we would never be more than 24 hours without a working defibrillator.

The equipment is checked regularly but we ask that if you notice anything wrong with it you notify your Parish clerk as soon as possible.....owmblybyspitalparishcouncil@gmail.com

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### Normanby by Spital

<https://w3w.co/mirroring.rift.easels>

The defibrillator in Normanby by Spital is located on the side of the Village Store and Post Office on Main Street

Your Parish Council has taken out a maintenance contract that means we would never be more than 24 hours without a working defibrillator.

The equipment is checked regularly but we ask that if you notice anything wrong with it you notify your Parish clerk as soon as possible.....nbyspc@gmail.com

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**An Automated External Defibrillator, or AED**, is a portable defibrillator especially designed for people with little or no medical background. When applied to the victim, voice commands and screen messages will guide the user step-by-step through the process and its intelligent technology will only allow it to shock a 'shockable' heart rhythm.

The machine tells you what to do - you cannot hurt anyone.

If you think you need it in an emergency just follow the following steps:

- **First make sure that you or someone else has called for an ambulance by dialling 999 and give CPR (cardiopulmonary resuscitation), if you are unable to perform CPR then follow the instructions given by the**

**ambulance control operator, continue until someone can bring you the AED.**

- **When at the AED cabinet, dial 999, ask for the ambulance service and explain the situation. The ambulance control will give you the code to open the cabinet if they consider use of the AED is suitable.**
- **Take the AED to the patient and follow the instructions.**
- **Continue until the emergency services arrive and take over.**

**TO DO SOMETHING IS BETTER THAN NOTHING. YOU CANNOT MAKE THE PATIENT'S CONDITION WORSE - YOU MAY EVEN SAVE THEIR LIFE.**